NEW!

FARMER OWNED Prairie Farms®

# Choose 100% REAL Milk

Easy Storage | No Refrigeration Required

## Grade A | Vitamin A & D | UHT

• **NO** Artificial Growth Hormones • **NO** Preservatives • Product of the U.S.A.

- Specially packaged to maintain quality for several months without refrigeration
- Unopened, cartons stay fresh stored at room temperature without reducing product quality or shelf life
- Once opened, the carton must be refrigerated and used within 7 days




## Prairie Farms has your Milk Solution for SSO Pick-up

### No Refrigeration Required

USDA's Food and Nutrition Service established a waiver to allow the National School Lunch Program Seamless Summer Option (SSO) to operate when school is open during the regular school year through **June 30, 2022.**

State agencies may allow school food authorities to provide more than one day's worth of meals via a single meal pick-up or delivery. For example, the program operator could provide a quart of milk, instead of four 8 oz. cartons of milk, along with a menu showing that 8 oz. (1 cup) of milk is part of each meal.

**Waivers vary by state. Check with your state agency or find the waiver at:**
https://www.fns.usda.gov/cn/child-nutrition-response-85

Contact Your Sales Representative for Date of Availability and Pricing

NEW!

FARMER OWNED Prairie Farms®

# Choose 100% REAL Milk

Easy Storage | No Refrigeration Required


## Nutrition Facts

4 servings per container
**Serving size** 1 cup (236mL)

| Amount per serving | |
|---|---|
| **Calories** | **100** |
| | % Daily Value* |
| **Total Fat** 2.5g | 3% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| **Cholesterol** 10mg | 4% |
| **Sodium** 105mg | 5% |
| **Total Carbohydrate** 12g | 4% |
| Dietary Fiber 0g | 0% |
| Total Sugars 12g | |
| Includes 0g Added Sugars | 0% |
| **Protein** 8g | |
| Vitamin D 2.5mcg | 10% |
| Calcium 300mg | 25% |
| Iron 0mg | 0% |
| Potassium 320mg | 6% |
| Vitamin A 150mcg RAE | 15% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** LOWFAT MILK, VITAMIN A PALMITATE, VITAMIN $D_3$.
**CONTAINS: MILK**

0 72730 23314 0



0 72730 26640 7

## Nutrition Facts

Serving size 1 container

| Amount per serving | |
|---|---|
| **Calories** | **140** |
| | % Daily Value |
| **Total Fat** 2.5g | 3% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| **Cholesterol** 10mg | 3% |
| **Sodium** 150mg | 7% |
| **Total Carbohydrate** 23g | 8% |
| Dietary Fiber 1g | 4% |
| Total Sugars 22g | |
| Includes 11g Added Sugars | 22% |
| **Protein** 8g | |
| Vitamin D 2.5mcg | 10% |
| Calcium 300mg | 25% |
| Iron 0.5mg | 3% |
| Potassium 420mg | 8% |
| Vitamin A 150mcg | 15% |

**INGREDIENTS:** FAT FREE MILK, WHOLE MILK, SUGAR, COCOA, (PROCESSED WITH ALKALI), CARRAGEENAN, SALT, VITAMIN A PALMITATE, VITAMIN $D_3$.
**CONTAINS: MILK**


0 72730 23612 7

## Nutrition Facts

Serving size 1 container

| Amount per serving | |
|---|---|
| **Calories** | **100** |
| | % Daily Value |
| **Total Fat** 2.5g | 3% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| **Cholesterol** 10mg | 4% |
| **Sodium** 105mg | 5% |
| **Total Carbohydrate** 12g | 4% |
| Dietary Fiber 0g | 0% |
| Total Sugars 12g | |
| Includes 0g Added Sugars | 0% |
| **Protein** 8g | |
| Vitamin D 2.5mcg | 10% |
| Calcium 300mg | 25% |
| Iron 0mg | 0% |
| Potassium 320mg | 6% |
| Vitamin A 150mcg RAE | 15% |

**INGREDIENTS:** LOWFAT MILK, VITAMIN A PALMITATE, VITAMIN $D_3$. **CONTAINS: MILK**

| PROD. CODE | DESCRIPTION | UOM | UPC | GTIN |
|---|---|---|---|---|
| 34011 | 1% Lowfat Milk, UHT, ESL, QT | 12 x 32oz | 0-72730-23314-0 | 30072730233141 |
| 34014 | 1% Lowfat Milk, UHT, ESL, HPT | 27 x 8oz | 0-72730-23612-7 | 30072730236128 |
| 34015 | 1% Lowfat Chocolate Milk, UHT, ESL, HPT | 27 x 8oz | 0-72730-26640-7 | 30072730266408 |

5/21

Contact Your Sales Representative for Date of Availability and Pricing

FARMER OWNED

# Prairie Farms®

Dedicated Farmers • Happy Cows • Real Milk

**NEW**

# BREAKFAST, LUNCH OR SNACKING...

## Orange Cream Milk Delivers DELICIOUS Nutrition!


### Bring excitement to your menu:

- Rich and creamy flavor
- 8 grams of high-quality protein
- Excellent source of calcium
- Short ingredient list
- 100% Real Milk from local dairy farms
- NO artificial colors, flavors or growth hormones
- Additional flavor options may help increase average daily participation

**INGREDIENTS:** LOWFAT MILK, SUGAR, MODIFIED FOOD STARCH, NATURAL FLAVOR, GUAR GUM, ANNATTO (COLOR), CITRIC ACID, VITAMIN A PALMITATE AND VITAMIN $D_3$.
**CONTAINS: MILK**

0 72730 26601 8

ITEM #15677

**Nutrition Facts**

1 serving per container

**Serving size** 1 Carton

**Calories per serving** 140

| Amount/serving | % DV | Amount/serving | % DV |
|---|---|---|---|
| **Total Fat** 2.5g | 3% | **Total Carb.** 22g | 8% |
| Sat. Fat 1.5g | 8% | Fiber 0g | 0% |
| *Trans* Fat 0g | | Total Sugars 22g | |
| **Cholesterol** 10mg | 3% | Incl. 9g Added Sugars | 18% |
| **Sodium** 105mg | 5% | **Protein** 8g | 16% |

Vit. D 15% • Calcium 25% • Iron 0% • Potas. 8% • Vit. A 15%

## Students want variety. We deliver unmatched flavored milk options.


Locally Owned • Locally Produced • Since 1938

FARMER OWNED

# Prairie Farms

*Farm fresh quality... from our family to yours*

## Approved Smart Snacks

- Flavored and Unflavored Fat Free Milks
- 8oz Serving Size for Elementary School Kids

Cost $_____

Suggested Retail $_____

OUR FARMERS *Pledge*

# Smart Snacks at School.

## Introducing a NEW LOOK for Prairie Farms Half Pint Milks.

Healthy drink choices during the school day gives kids lasting nutrition to fuel growing bodies.


**Nutrition Facts**
Serving Size: 1 Container
Amount Per Serving

| Calories 110 | Calories from Fat 0 |
|---|---|
| | % Daily Value* |
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| *Trans* Fat 0g | |
| Cholesterol 5mg | 2% |
| Sodium 130mg | 8% |
| Total Carbohydrate 20g | 7% |
| Dietary Fiber 0g | 0% |
| Sugars 18g | |
| Protein 8g | 16% |

Vitamin A 10% • Vitamin C 2%
Calcium 33% • Iron 0% • Vitamin D 25%

INGREDIENTS: FAT FREE MILK, SUGAR, COCOA (PROCESSED WITH ALKALI), CORN STARCH, SALT, NATURAL AND ARTIFICIAL FLAVORS, CARRAGEENAN, VITAMIN A PALMITATE AND VITAMIN D3. CONTAINS: MILK

Fat Free Chocolate Milk
Product #6926

0 72730 26627 8


**Nutrition Facts**
Serving Size: 1 Container
Amount Per Serving

| Calories 80 | Calories from Fat 0 |
|---|---|
| | % Daily Value* |
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| *Trans* Fat 0g | |
| Cholesterol 5mg | 2% |
| Sodium 120mg | 5% |
| Total Carbohydrate 11g | 4% |
| Dietary Fiber 0g | 0% |
| Sugars 11g | |
| Protein 8g | 16% |

Vitamin A 10% • Vitamin C 2%
Calcium 35% • Iron 0% • Vitamin D 25%

INGREDIENTS: GRADE A FAT FREE MILK, VITAMIN A PALMITATE AND VITAMIN D3. CONTAINS: MILK

Fat Free Skim Milk
Product #5404

0 72730 23608 0


**Nutrition Facts**
Serving Size: 1 Container
Amount Per Serving

| Calories 120 | Calories from Fat 0 |
|---|---|
| | % Daily Value* |
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| *Trans* Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 120mg | 5% |
| Total Carbohydrate 22g | 7% |
| Dietary Fiber 0g | |
| Sugars 22g | |
| Protein 8g | 16% |

Vitamin A 10% • Vitamin C 2%
Calcium 35% • Iron 0% • Vitamin D 25%

INGREDIENTS: FAT FREE MILK, SUGAR, NATURAL AND ARTIFICIAL FLAVOR AND COLOR, (RED #40, BLUE #1 AND BEET JUICE FOR COLOR), VITAMIN A PALMITATE AND VITAMIN D3. CONTAINS: MILK

Fat Free Strawberry Milk
Product #17025

0 72730 26626 1


**Nutrition Facts**
Serving Size: 1 Container
Amount Per Serving

| Calories 130 | Calories from Fat 0 |
|---|---|
| | % Daily Value* |
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| *Trans* Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 170mg | 7% |
| Total Carbohydrate 24g | 8% |
| Dietary Fiber 0g | 0% |
| Sugars 22g | |
| Protein 8g | 16% |

Vitamin A 10% • Vitamin C 2%
Calcium 35% • Iron 0% • Vitamin D 25%

INGREDIENTS: FAT FREE MILK, SUGAR, VANILLA BASE (CORN STARCH, SALT, MALTODEXTRIN, CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVOR), VITAMIN A PALMITATE AND VITAMIN D3. CONTAINS: MILK

Fat Free Vanilla Milk
Product #22217

0 72730 26630 6


**Nutrition Facts**
Serving Size: 1 Container
Amount Per Serving

| Calories 100 | Calories from Fat 20 |
|---|---|
| | % Daily Value* |
| Total Fat 2.5g | 4% |
| Saturated Fat 1.5g | 8% |
| *Trans* Fat 0g | |
| Cholesterol 15mg | 5% |
| Sodium 120mg | 5% |
| Total Carbohydrate 11g | 4% |
| Dietary Fiber 0g | |
| Sugars 11g | |
| Protein 8g | 16% |

Vitamin A 10% • Vitamin C 2%
Calcium 35% • Iron 0% • Vitamin D 25%

INGREDIENTS: GRADE A LOWFAT MILK, VITAMIN A PALMITATE AND VITAMIN D3. CONTAINS: MILK

1% Low Fat Milk
Product #4752

0 72730 23602 8



Prairie Farms Dairy, Inc. • 1100 Broadway, Carlinville, IL 62626 • Phone: 217/854-2537 • prairiefarms.com

VITAMIN D, WHOLE MILK

INGREDIENTS: GRADE A MILK, VITAMIN D3.

CONTAINS: MILK

## Nutrition Facts

Serving Size 1 cup (240mL)

**Amount Per Serving**

| | |
|---|---|
| **Calories** 150 | Calories from Fat 70 |
| | **% Daily Value*** |
| **Total Fat** 8g | **12%** |
| Saturated Fat 5g | **25%** |
| Trans Fat 0g | |
| **Cholesterol** 35mg | **12%** |
| **Sodium** 120mg | **5%** |
| **Total Carbohydrate** 11g | **4%** |
| Dietary Fiber 0g | **0%** |
| Sugars 11g | |
| **Protein** 8g | **16%** |

Vitamin A 6% • Vitamin C 2%

Calcium 30% • Vitamin D 25%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

| | Calories | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2400mg | 2400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

FARMER OWNED

Prairie Farms®

# Nutritional Facts

## Plain

| NUTRITION FACTS | Amount/Serving | %DV* | Amount/Serving | %DV* |
|---|---|---|---|---|
| Serv. Size 1 unit (113g) | Total Fat 0g | 0% | Total Carb. 16g | 5% |
| Servings: 1 | Sat Fat 0g | 0% | Fiber 0g | 0% |
| Calories 80 | Trans Fat 0g | | Sugars 13g | |
| Fat Cal. 0 | Cholest. 0g | 0% | Protein 4g | |
| *Percent Daily Values (DV) are based on a 2000 calorie diet. | Sodium 80mg | 3% | | |

Vitamin A 4% • Vitamin C 0% • Calcium 25% • Vitamin D 20% • Iron 2%

Grade A Pasteurized • Keep Refrigerated

INGREDIENTS: Cultured pasteurized, Grade A nonfat milk, whey, sugar, modified corn starch, tricalcium phosphate, gellan gum, Vitamin D3, and potassium sorbate (maintains freshness). Contains: Milk

0 72730 34463 1

## Raspberry

| NUTRITION FACTS | Amount/Serving | %DV* | Amount/Serving | %DV* |
|---|---|---|---|---|
| Serv. Size 1 unit (113g) | Total Fat 0g | 0% | Total Carb. 19g | 6% |
| Servings: 1 | Sat Fat 0g | 0% | Fiber 0g | 0% |
| Calories 90 | Trans Fat 0g | | Sugars 16g | |
| Fat Cal. 0 | Cholest. 0g | 0% | Protein 4g | |
| *Percent Daily Values (DV) are based on a 2000 calorie diet. | Sodium 70mg | 3% | | |

Vitamin A 4% • Vitamin C 0% • Calcium 30% • Vitamin D 10% • Iron 0%

Grade A Pasteurized • Keep Refrigerated

INGREDIENTS: Cultured, pasteurized, Grade A nonfat milk, water, sugar, whey, modified corn starch, raspberry puree, natural flavors, tricalcium phosphate, gellan gum, citric acid, vegetable juice concentrate (color), Vitamin D3 and potassium sorbate (maintains freshness). Contains: Milk

0 72730 34466 2

## Blueberry

| NUTRITION FACTS | Amount/Serving | %DV* | Amount/Serving | %DV* |
|---|---|---|---|---|
| Serv. Size 1 unit (113g) | Total Fat 0g | 0% | Total Carb. 19g | 6% |
| Servings: 1 | Sat Fat 0g | 0% | Fiber 0g | 0% |
| Calories 90 | Trans Fat 0g | | Sugars 16g | |
| Fat Cal. 0 | Cholest. 0g | 0% | Protein 4g | |
| *Percent Daily Values (DV) are based on a 2000 calorie diet. | Sodium 70mg | 3% | | |

Vitamin A 4% • Vitamin C 0% • Calcium 30% • Vitamin D 10% • Iron 0%

Grade A Pasteurized • Keep Refrigerated

INGREDIENTS: Cultured, pasteurized, Grade A nonfat milk, water, sugar, whey, modified corn starch, blueberry puree, natural flavors, tricalcium phosphate, gellan gum, citric acid, fruit juice concentrate (color), Vitamin D3 and potassium sorbate (maintains freshness). Contains: Milk

0 72730 34461 7

## Strawberry

| NUTRITION FACTS | Amount/Serving | %DV* | Amount/Serving | %DV* |
|---|---|---|---|---|
| Serv. Size 1 unit (113g) | Total Fat 0g | 0% | Total Carb. 19g | 6% |
| Servings: 1 | Sat Fat 0g | 0% | Fiber 0g | 0% |
| Calories 90 | Trans Fat 0g | | Sugars 16g | |
| Fat Cal. 0 | Cholest. 0g | 0% | Protein 4g | |
| *Percent Daily Values (DV) are based on a 2000 calorie diet. | Sodium 70mg | 3% | | |

Vitamin A 4% • Vitamin C 0% • Calcium 30% • Vitamin D 20% • Iron 0%

Grade A Pasteurized • Keep Refrigerated

INGREDIENTS: Cultured, pasteurized, Grade A nonfat milk, water, sugar, whey, modified corn starch, strawberry puree, natural flavors, tricalcium phosphate, gellan gum, citric acid, vegetable juice concentrate (color), Vitamin D3 and potassium sorbate (maintains freshness). Contains: Milk

0 72730 34460 0

## Strawberry-Banana

| NUTRITION FACTS | Amount/Serving | %DV* | Amount/Serving | %DV* |
|---|---|---|---|---|
| Serv. Size 1 unit (113g) | Total Fat 0g | 0% | Total Carb. 19g | 6% |
| Servings: 1 | Sat Fat 0g | 0% | Fiber 0g | 0% |
| Calories 90 | Trans Fat 0g | | Sugars 16g | |
| Fat Cal. 0 | Cholest. 0g | 0% | Protein 4g | |
| *Percent Daily Values (DV) are based on a 2000 calorie diet. | Sodium 70mg | 3% | | |

Vitamin A 4% • Vitamin C 2% • Calcium 30% • Vitamin D 20% • Iron 0%

Grade A Pasteurized • Keep Refrigerated

INGREDIENTS: Cultured, pasteurized, Grade A nonfat milk, water, sugar, whey, modified corn starch, strawberry puree, banana puree, natural flavors, tricalcium phosphate, gellan gum, citric acid, fruit and vegetable juice concentrate (color), Vitamin D3 and potassium sorbate (maintains freshness). Contains: Milk

0 72730 34465 5

## Cherry-Vanilla

| NUTRITION FACTS | Amount/Serving | %DV* | Amount/Serving | %DV* |
|---|---|---|---|---|
| Serv. Size 1 unit (113g) | Total Fat 0g | 0% | Total Carb. 19g | 6% |
| Servings: 1 | Sat Fat 0g | 0% | Fiber 0g | 0% |
| Calories 90 | Trans Fat 0g | | Sugars 16g | |
| Fat Cal. 0 | Cholest. 0g | 0% | Protein 4g | |
| *Percent Daily Values (DV) are based on a 2000 calorie diet. | Sodium 70mg | 3% | | |

Vitamin A 4% • Vitamin C 0% • Calcium 30% • Vitamin D 20% • Iron 0%

Grade A Pasteurized • Keep Refrigerated

INGREDIENTS: Cultured, pasteurized, Grade A nonfat milk, water, sugar, whey, modified corn starch, cherries, natural flavors, tricalcium phosphate, gellan gum, citric acid, vegetable juice concentrate (color), Vitamin D3 and potassium sorbate (maintains freshness). Contains: Milk

0 72730 34464 8

## Peach

| NUTRITION FACTS | Amount/Serving | %DV* | Amount/Serving | %DV* |
|---|---|---|---|---|
| Serv. Size 1 unit (113g) | Total Fat 0g | 0% | Total Carb. 19g | 6% |
| Servings: 1 | Sat Fat 0g | 0% | Fiber 0g | 0% |
| Calories 90 | Trans Fat 0g | | Sugars 16g | |
| Fat Cal. 0 | Cholest. 0g | 0% | Protein 4g | |
| | Sodium 70mg | 3% | | |

Grade A Pasteurized • Keep Refrigerated

INGREDIENTS: Cultured, pasteurized, Grade A nonfat milk, water, sugar, whey, modified corn starch, peaches, natural flavors, tricalcium phosphate, gellan gum, citric acid, annatto, Vitamin D3 and potassium sorbate (maintains freshness). Contains: Milk

0 72730 34462 4

PRODUCT – FAT FREE/NSA STRAWBERRY BANANA YOGURT

# Nutrition Facts

Serving Size 1 Container (170g)
Servings Per Container

| Amount Per Serving | |
|---|---|
| **Calories** 90 | Calories from Fat 0 |
| | **% Daily Value*** |
| **Total Fat** 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| **Cholesterol** 0mg | 0% |
| **Sodium** 90mg | 4% |
| **Potassium** 240mg | 7% |
| **Total Carbohydrate** 17g | 6% |
| Dietary Fiber 3g | 12% |
| Sugars 9g | |
| **Protein** 6g | 12% |

| | | | |
|---|---|---|---|
| Vitamin A | 15% | Vitamin C 2% | Phosphorus 15% |
| Calcium | 20% | Iron 0% | Vitamin D 35% |

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Ingredients: Cultured pasteurized skim milk and nonfat dry milk, strawberries, bananas, natural flavor, modified corn starch, carrageenan, pectin, polydextrose (fiber), sugar, Red #40, aspartame, Vitamin A palmitate, Vitamin $D_3$.

Phenylketonurics: Contains phenylalanine

PRODUCT – 1% STRAWBERRY BANANA YOGURT

# Nutrition Facts

Serving Size 1 Container (170g)
Servings Per Container

| Amount Per Serving | |
|---|---|
| **Calories** 160 | Calories from Fat 15 |
| | **% Daily Value*** |
| **Total Fat** 1.5g | 2% |
| Saturated Fat 1.0g | 5% |
| Trans Fat 0g | |
| **Cholesterol** 10mg | 3% |
| **Sodium** 80mg | 3% |
| **Potassium** 230mg | 7% |
| **Total Carbohydrate** 32g | 11% |
| Dietary Fiber 3g | 12% |
| Sugars 30g | |
| **Protein** 5g | 10% |

| | | | | | |
|---|---|---|---|---|---|
| Vitamin A | 15% | Vitamin C | 0% | Phosphorus | 15% |
| Calcium | 20% | Iron | 0% | Vitamin D | 35% |

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:

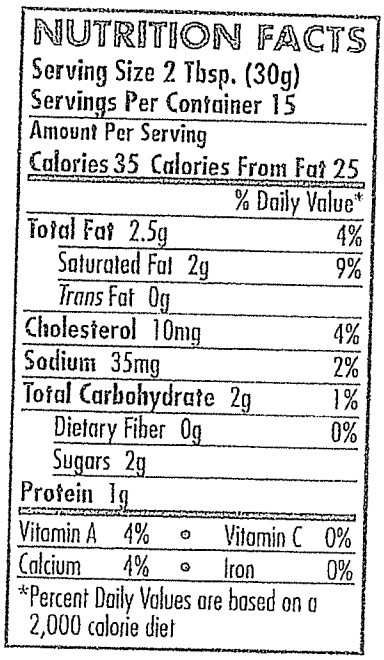
| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Ingredients: Cultured pasteurized Grade A lowfat milk and nonfat dry milk, sugar, strawberries, bananas, modified corn starch, carrageenan, pectin, polydextrose (fiber), Red #40, Vitamin A palmitate and Vitamin $D_3$.

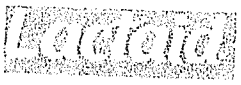
SOUR CREAM, LIGHT

INGREDIENTS: Cultured Milk, Cream, Nonfat Dry Milk, Modified Corn Starch, Maltodextrin, Sodium Phosphate, Carrageenan, Carob Bean Gum, Potassium Sorbate (Maintains Freshness), and Vitamin A Palmitate.

CONTAINS: MILK



| NUTRITION FACTS | |
|---|---|
| Serving Size 2 Tbsp. (30g) | |
| Servings Per Container 15 | |
| Amount Per Serving | |
| Calories 35 Calories From Fat 25 | |
| | % Daily Value* |
| Total Fat 2.5g | 4% |
| Saturated Fat 2g | 9% |
| *Trans* Fat 0g | |
| Cholesterol 10mg | 4% |
| Sodium 35mg | 2% |
| Total Carbohydrate 2g | 1% |
| Dietary Fiber 0g | 0% |
| Sugars 2g | |
| Protein 1g | |
| Vitamin A 4% • Vitamin C 0% | |
| Calcium 4% • Iron 0% | |
| *Percent Daily Values are based on a 2,000 calorie diet | |



LACTAID® Calcium Enriched Fat Free Milk

Serving Size 1cup (240mL)

Servings Per Container 8

Amount Per Serving

Calories 90 Calories from Fat 0

% Daily Value*

| | | |
|---|---|---|
| Total Fat 0g | | 0% |
| Saturated Fat 0g | | 0% |
| Trans Fat 0g | | |
| Cholesterol <5mg | | 1% |
| Sodium 125mg | | 5% |
| Potassium 410mg | | 11% |
| Total Carbohydrate 13g | | 4% |
| Dietary Fiber 0g | | 0% |
| Sugars 12g | | |
| Protein 8g | | 17% |
| Vitamin A 10% | | Vitamin C 0% |
| Calcium 50% | • Iron 0% • | Vitamin D 25% |
| Riboflavin | | 25% |
| Vitamin B12 | | 15% |
| Phosphorus | | 35% |

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily values may be higher or lower depending on your caloric needs:

| | Calories | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | | 3,500mg | 3,500mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |
| Protein | | 50g | 65g |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients:

milk, tribasic calcium phosphate (calcium)*, carrageenan*, guar gum*, lactase enzyme*, and vitamin D3.

*Ingredient not in regular milk.

LACTAID® Calcium Enriched Fat Free Milk contains 500 mg calcium per 8 fl oz serving. Regular fat free milk contains 300 mg calcium per serving.

LACTAID® Milk is real, wholesome, farm-fresh milk that's 100% lactose free. It tastes great and it's full of high-quality protein, vitamins A and D and calcium. We add a natural enzyme that breaks down the lactose into two simple sugars, glucose and galactose, that are easy to digest. That means you can drink a tall cold glass, pour it on your cereal, add it to your coffee or tea, or use it in your favorite recipes without discomfort.And LACTAID® Milk comes from cows that have not been treated with artificial growth hormone (rBST)*.

*No significant difference has been shown between milk derived from rBST-treated and non-rBST treated cows.

You'll find LACTAID® Milk in the dairy section of your favorite supermarket in Fat Free, Lowfat, Reduced Fat, Whole and Calcium Enriched varieties. LACTAID® Milk is WIC approved.

LACTAID® Milk is also available in two convenient single-serve options - great for use in hospitals, nursing homes, schools, corporate and government eating facilities, just about anywhere milk is served. Contact us at 1-800-836-5090 to inquire about food service options.

PRODUCT SPECIFICATION SHEET
SKIM STRAWBERRY MILK
Item 02-20

| | |
|---|---|
| Description: | Skim Strawberry milk is produced via the separation of Grade A fresh milk with added sweeteners and flavor. It is pasteurized and homogenized. |
| Milk Fat: | 0.0 ± 0.2% |
| Total Solids: | 12.5 ± 1.0% |
| PH | 6.5 – 6.9 |
| Days of Code Life | 18 at 45°F |
| Coliform | < 10/g |
| SPC | < 20,000g |
| Antibiotics: | Negative Beta Lactam (Charm Rosa Reader or Equivalent) |
| Pathogenic Bacteria: | Negative |
| Test Methods: | SMEDP Current Edition |
| Packaging: | 1 Gallon (3.78L), ½ Gallon (1.89L), Pint (473 mL) HDPE plastic containers; 8 ounce paperboard. |
| Inspection Agencies: | State Dept. of Public Health<br>Federal Food & Drug Admin.<br>Milk Safety Branch |
| Product Identification: | "Best By" Date Code and Plant Code |
| Nutritional & Ingredient Listing: | See Attached |
| Handling: | Maintain below 45°F |
| Allergen Statement: | Contains milk protein |
| Quality Attributes: | Good balance of sweetness and strawberry. Medium body with bright pink color. |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PRODUCT SPECIFICATION SHEET
SKIM CHOCOLATE MILK
Item 02-21

| | |
|---|---|
| Description: | Skim chocolate milk is produced via the separation of Grade A fresh milk with added cocoa and sweetener. It is pasteurized and homogenized. |
| Milk Fat: | 0.0 ± 0.2% |
| Total Solids: | 13.9 ± 1.0% |
| PH | 6.5 – 6.9 |
| Days of Code Life | 20 on Gal/HGal and 18 on All Others at 40°F |
| Coliform | < 10/g |
| SPC | < 20,000g |
| Antibiotics: | Negative Beta Lactam (Charm Rosa Reader or Equivalent) |
| Pathogenic Bacteria: | Negative |
| Test Methods: | SMEDP Current Edition |
| Packaging: | 1 Gallon (3.78L), ½ Gallon (1.89L), HDPE plastic containers; 8 ounce (236 mL) paperboard. |
| Inspection Agencies: | State Dept. of Public Health<br>Federal Food & Drug Admin.<br>Milk Safety Branch |
| Product Identification: | "Best By" Date Code and Plant Code |
| Nutritional & Ingredient Listing: | See Attached |
| Handling: | Maintain below 45°F |
| Allergen Statement: | Contains milk protein |
| Quality Attributes: | Clean, sweet, with good chocolate notes and mouthfeel. |



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# PRODUCT SPECIFICATION SHEET
## 1% LOWFAT MILK
### Item 01-03

| | |
|---|---|
| Description: | 1% Milk is produced via the separation of Grade A fresh milk, then pasteurized and homogenized. |
| Milk Fat: | 1.0 ± 0.2% |
| Total Solids: | 9.8 ± 0.2% |
| PH | 6.6 – 7.0 |
| Days of Code Life | 16 at 40°F |
| Coliform | < 10/g |
| SPC | < 20,000g |
| Antibiotics: | Negative (Bacillus Stearothermophilus Disc Assay Method or Equivalent) |
| Pathogenic Bacteria: | Negative |
| Test Methods: | SMEDP Current Edition |
| Packaging: | 1 Gallon (3.78L), ½ Gallon (1.89L) Pint (473 mL), HDPE plastic containers, 5 gallon bags and totes, ½ Gallon, Quart, Pint, 10 oz., 8 oz., 4 oz., paperboard. |
| Inspection Agencies: | State Dept. of Public Health<br>Federal Food & Drug Admin.<br>Milk Safety Branch |
| Product Identification: | "Best By" Date Code and Plant Code |
| Nutritional & Ingredient Listing: | See Attached |
| Handling: | Maintain below 45°F |
| Allergen Statement: | Contains milk protein |

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# PRODUCT SPECIFICATION SHEET
## SKIM (FAT FREE) MILK
### Item 01-05

| | |
|---|---|
| Description: | Skim Milk is produced via the separation of Grade A fresh milk, then pasteurized and homogenized. |
| Milk Fat: | 0.1 ± 0.2% |
| Total Solids: | 9.0 ± 0.2% |
| PH | 6.6 – 7.0 |
| Days of Code Life | 16 at 40°F |
| Coliform | < 10/g |
| SPC | < 20,000g |
| Antibiotics: | Negative (Bacillus Stearothermophilus Disc Assay Method or Equivalent) |
| Pathogenic Bacteria: | Negative |
| Test Methods: | SMEDP Current Edition |
| Packaging: | 1 Gallon (3.78L), ½ Gallon (1.89L) Pint (473 mL), HDPE plastic containers, 5 gallon bags and totes, ½ Gallon, Quart, Pint, 10 oz., 8 oz., 4 oz., paperboard. |
| Inspection Agencies: | State Dept. of Public Health<br>Federal Food & Drug Admin.<br>Milk Safety Branch |
| Product Identification: | "Best By" Date Code and Plant Code |
| Nutritional & Ingredient Listing: | See Attached |
| Handling: | Maintain below 45°F |
| Allergen Statement: | Contains milk protein |

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# PRODUCT SPECIFICATION SHEET
## WHOLE MILK
### Item 01-01

| | |
|---|---|
| Description: | Whole milk is produced via the separation of Grade A fresh milk, then pasteurized and homogenized. |
| Milk fat: | 3.25 ± 0.2% |
| Total Solids: | 12 ± 0.2% |
| PH | 6.6 – 7.0 |
| Days of Code Life | 16 at 40°F |
| Coliform | < 10/g |
| SPC | < 20,000g |
| Antibiotics: | Negative (Bacillus Stearothermophilus Disc Assay Method or Equivalent) |
| Pathogenic Bacteria: | Negative |
| Test Methods: | SMEDP Current Edition |
| Packaging: | 1 Gallon (3.78L), ½ Gallon (1.89L) Pint (473 mL), HDPE plastic containers, 5 gallon bags and totes, ½ Gallon, Quart, Pint, 10 oz., 8 oz., 4 oz., paperboard. |
| Inspection Agencies: | State Dept. of Public Health<br>Federal Food & Drug Admin.<br>Milk Safety Branch |
| Product Identification: | "Best By" Date Code and Plant Code |
| Nutritional & Ingredient Listing: | See Attached |
| Handling: | Maintain below 45°F |
| Allergen Statement: | Contains milk protein |

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# PRODUCT SPECIFICATION SHEET
## Fat Free Yogurt
## Items 09-21 through 09-34, 09-40

| | |
|---|---|
| Milkfat: | 0% |
| Days of Code Life: | 40 days at 40°F |
| Coliform: | < 10/g |
| Mold: | < 10/g |
| Yeast: | < 10/g |
| Antibiotics: | Negative (Bacillus Stearothermophilus Disc Assay Method or Equivalent) |
| Live Cultures | Lactobacillus bulgaricus & Streptococcus thermophilous |
| Pathogenic Bacteria: | Negative |
| Test Methods: | SMEDP Current Edition |
| Packaging: | 5 Lb. (2.27kg)<br>6 oz. (170g)<br>Packed in HDPE Container |
| Inspection Agencies: | State Dept. of Public Health<br>Federal Food & Drug Admin.<br>Milk Safety Branch |
| Product Identification: | "Best By" Code Date and Plant Code |
| Nutritional & Ingredient Listing: | See Attached |
| Handling: | Maintain below 45°F |
| Allergen Statement | Contains milk protein |
| Quality Attributes | Soft yogurt with good cultured notes and flavor and color typical of callout |

9/8/09

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